How many visits does a patient/client need?

There is no rule about this. Occasionally total relief is obtained after one visit, but more usually somewhere between six and ten visits are required.

Does the patient need faith?

No – this is not "faith" healing. We have observed help being received by some very skeptical people! Obviously, if a patient is open-minded they are more likely to be responsive than one who "resists" any help. We are, as a group, non-sectarian. We believe that the God-given healing energies are available to all, whether or not the individual belongs to any religious denomination.

Does Esoteric Healing™ work for everyone?

We find that about 75% of those who come to us for help benefit considerably. About 10% seem to gain no benefit whatsoever. The remaining 15% find that although their problem is not helped, there is an inner change which helps to make their health problems more easily bearable. There are those who come to us who are dying. We offer healing help to make the transition from this life to the next as easy as possible.

Is there a fee for an Esoteric Healing™ treatment?

Yes. Even though healing energy is free, the fee covers the time involved for the Esoteric HealingSM practitioner and the administrative costs of operating a business. To schedule an appointment for an Esoteric HealingSM treatment, call the office of Dr. Barbara Briner, D.O. at (517) 703-1800.

Training in Esoteric Healing™

Anyone who is interested and willing to practice the material that is taught can become a practitioner of Esoteric HealingSM. Knowledge of anatomy as well as philosophic and metaphysical principles will be taught in our Esoteric HealingSM classes.

There is a series of four courses that are each 4 days long. The courses are taught 6 months apart. There are no pre-requisites other than the desire to learn new concepts and to have an open mind.

Further details for courses and Esoteric HealingSM clinics may be obtained from:

The Institute for Bioenergy StudiesSM

4655 Dobie Rd., Suite 240 Okemos, MI 48864 Tel. (517) 347-0006

www.bioenergystudies.com email: drbriner@bioenergystudies.com

AN INTRODUCTION **ESOTERIC** THE INSTITUTE FOR **BIOENERGY STUDIES®** 4655 Dobie Road, Suite 240 **Okemos, MI 48864** (517) 347-0006 www.bioenergystudies.com

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ESOTERIC HEALING™

There is an energy field that surrounds and permeates the bodies of all living beings. It is an active, invisible energy field that is commonly termed "the aura". This energy field, although invisible to the naked eye, can be seen easily by those with clairvoyant vision, and felt easily by trained hands.

This energy field was photographed in 1939 by the Russian scientist Seymon Kirlian using a special form of high frequency photography, since termed Kirlian photography.

The traditional name for this type of healing work is "esoteric" healing, meaning "hidden" of that which is not obvious until studied in greater depth. The existence of the energy field and its use in healing has been known for thousands of years, especially in ancient Egypt, India and China. It is only recently, however, that modern Western science has realized its significance. It has been called by various names: vital body, bioplasmic body; bioenergy field, "L" (life) field and etheric body.

I consider this the most important scientific discovery of this Century:

All living things, from men to mice, trees to seeds, are molded and controlled by electrodynamic fields, which can be measured and mapped with standard modern voltmeters.

Measurements of the Life-field can reveal physical and mental conditions: doctors will be able to use them to diagnose illnesses before the usual symptoms develop, and so will have a better chance of successful treatment.

Dr. H.S. Burr Emeritus Professor of Anatomy Yale School of Medicine The energy field surrounding all living beings forms the scaffolding for and vitalizes the physical body. It also influences the energy of the emotions and mental thought processing. Within the energy field of each person are seven major energy centers, or chakras. Each of these energy centers energizes and vitalizes its related nerve center and internal organ system. For example the heart center vitalizes the circulatory system and the solar plexus vitalizes the digestive system.

It is within this energy field that the energetic cause of disease seems to be located. The nature of this energy when one is healthy is to flow easily throughout the body. When the energy is blocked, restricted, or deficient within the energy field, this is often associated with physical body disease, emotional issues, and/or mental alterations. These problems within the energy field are often present <u>before</u> the physical illness or emotional issue appears.

Through training, a practitioner of Esoteric HealingSM can learn to identify by sensing with trained hands areas that are weak or congested within the energy field. By the use of various balancing techniques the practitioner can restore the patient's energy field to a more flowing, healthy state. This often results in improved physical, emotional, and mental conditions, e.g., fibromyalgia, cardiac problems, gastrointestinal disorders, depression, bipolar syndrome, and numerous other conditions.

Up until now we have looked upon the Physical Body as primary. Today we have to change our concept and think of the Energy Field (or Etheric Body) as primary, and the dense body as secondary. They work together, but I suspect that the Energy Field is the matrix and the Physical Body the end result. This is a turnabout in our thinking. This means that if we can pick up the problems in the Energy Field before a disease manifests in the Physical Body we are into predictive and therefore Preventive Medicine.

Dr. Shafica Karagulla

What is Esoteric Healing™ or Bioenergy Treatment?

The practitioners of Esoteric HealingSM have all been trained extensively in the philosophy and methods as taught through the International Network of Esoteric Healing (www.ineh.org). They have been trained to sensitize their hands and inner perception to examine the energy field in detail and depth in order to find alterations in the flow of the energy field. The practitioner does not touch the patient but works within the energy field variable distances away from the patient's body.

Is the patient required to do anything?

The patient is asked to close their eyes and relax, fully clothed in a chair or on a treatment table. A brief history is obtained prior to each treatment. Working in the energy field often produces an effect of deep relaxation, so it is not difficult to sit still for the 30-40 minutes required for the treatment.

Some patients feel nothing; others feel light movements. Sometimes the effect of the treatment is felt immediately, but more frequently an effect is not observed until a little later. Very occasionally there is a temporary worsening of symptoms before relief is obtained.

The energy fields are influenced by our mental and emotional states, and working in these fields may produce an effect in these areas. We ask the patient to give some quiet time to consider the thoughts, memories, and feelings which may come to the surface of the mind in the days following treatment. This is an area of response to the healing which the patient may deal with privately, but if they wish to talk about their "inner response" they should be encouraged to do so with the practitioner.

Some patients feel so "recharged" with energy following a treatment that they feel like being very active, but we do ask that they should spend the rest of that day quietly to facilitate the healing response.